



NEWSNEWS***NEWS***

The Annual Jeremiah's Journey Parish Plod

How do you fancy 'plodding' nine miles around Dartmoor in the stunning countryside, stopping off at pubs and ending with live music and great food? All whilst making a difference to local children... Sound good?

Local charity Jeremiah's Journey are running their annual event to raise funds for children and their families who have experienced or are anticipating the death of someone special.

The event takes place on Sunday 6th July and starts at The White Thorn in Shaugh Prior, registration from 10am and the walk starts at 11am. Last years' event was a huge success with over 150 people taking part, the charity hope to top that this year!

There's a fancy dress theme for those wanting to go all out, which is children's television, last year some Smurf's took part and of course our mascot Jeremiah will be there to join in with the fun.

There are refreshment stops along the way, as you go via Cadover Bridge then on to The Royal Oak in Meavy and the Skylark in Clearbrook, ending up back at the White Thorn for a well-deserved BBQ and live music.

Sarah Nuttall Worsley, the event organiser said: "It's a very relaxed day out for all the family, everyone can walk at their own pace, enjoying the pit stops along the way. The backdrop of the Moors adds an extra element to this day of fun. Over the past two years we have been very lucky and have enjoyed glorious sunshine on the day of the walk. All participants thoroughly enjoyed the lovely scenery and the chance to have a drink (*or two!*) and a spot of lunch at the pubs along the way."

"This year participants can enjoy music from 'Last Orders' who will be playing on everyone's return whilst enjoying a well-deserved BBQ."

Mervyn Orchard, Jeremiah's Journey Trustee and participant from last year's walk said: "The Parish Plod is one of my favourite fundraising days of the year; it's a great family day walking between pubs over the very scenic Dartmoor whilst raising funds for children that have lost a parent or close family member through death."

To find out more about this event or the charity in general please visit

www.jeremiahsjourney.org.uk or call Sarah on 01752 424348.

Dates for Your Diary

- Sun 29th June Skydive - do something amazing and Tandem Skydive for Jeremiah's Journey with Skydive UK!
- Sun 6th July Parish Plod – join our annual 9 mile walk from pub to pub on Dartmoor – live music, BBQ, bring your friends & family for a fab day out!
- Sat 11th October Moulin Rouge Ball – our annual black tie event at the Duke of Cornwall, Plymouth. It is a night not to be missed!

ENDS

02/06/2014

Notes for Editors:

- 1, Jeremiah's Journey was founded in 1996
- 2, Jeremiah's Journey supports approx. 220 bereaved children and their families in Plymouth and the immediate surrounding area each year.
- 3, The children who use our service have experienced the death of someone special, the majority of our children have lost a parent.
- 4, We support families who have been bereaved through a variety of circumstances including long term illness and sudden and often traumatic events e.g. road traffic accidents and suicide. The main part of the support that we offer is through a short term therapeutic group programme which we run in partnership with Plymouth College of Art. This means that we are able to offer a safe space for children to: express their feelings of grief; share their memories of their deceased loved one; and explore ways of coping.
- 5, With the support of Comic Relief, we have been able to develop a new project called Stepping Stones, which provides support to young people who have a parent with a terminal illness.
- 6, As a local self-funded charity we want to be able to continue to offer support to those children and their families that need it. This can only be achieved with the generous support of our local community.

Contact:

Sarah Nuttall Worsley

Community and Individuals Fundraiser

- t: 01752 424348
e: sarah@jeremiahsjourney.org.uk
w: jeremiahsjourney.org.uk
f: facebook.com/jeremiahsjourneyplymouth
t: @jeremiahsjourne

